



प्रो. टी. जी. सीताराम
अध्यक्ष
Prof. T. G. Sitharam
Chairman



सत्यमेव जयते

अखिल भारतीय तकनीकी शिक्षा परिषद्

(भारत सरकार का एक सांविधिक निकाय)

(शिक्षा मंत्रालय, भारत सरकार)

नेल्सन मंडेला मार्ग, वसंत कुंज, नई दिल्ली-110070

दूरभाष : 011-26131498

ई-मेल : chairman@aicte-india.org

ALL INDIA COUNCIL FOR TECHNICAL EDUCATION

(A STATUTORY BODY OF THE GOVT. OF INDIA)

(Ministry of Education, Govt. of India)

Nelson Mandela Marg, Vasant Kunj, New Delhi-110070

Phone : 011-26131498

E-mail : chairman@aicte-india.org



F.No.1-29/CM/AICTE/2023

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To,

All the Principal / Director of AICTE Approved Institutions

Dear Sir/Madam,

Subject: Appeal to Establishment of Wellness Centres and Ensuring Happiness within Campus

Happy New Year 2024. AICTE wishes You and Your Loved One's Peace, Health, Happiness, and Prosperity.

I hope this letter finds you in good health and high spirits. It is a matter of pride that the council is sparing no efforts towards the uplifting of Technical Education which is holistic and value based. As we continually strive to enhance the educational experience for our students, it has become imperative to focus not only on academic achievement but also on the emotional and social well-being of our student community. ***In APH 2024-27 handbook, we have moved emotional and social wellbeing from desirable to essential.*** With this vision in mind, the Council proposes establishing **Wellness Centres** within all its approved institutions mandatorily, dedicated to fostering our students' mental health and emotional resilience. These Wellness Centres would serve as safe spaces where students can seek support and resources to address a range of concerns, including stress, anxiety, and emotional challenges. These centres shall be staffed by qualified professionals such as counsellors and psychologists who can provide guidance, counselling, and mental health support.

Also the council intends to support, promote and ensure happiness across all campuses and declare happiness ranking through the YourOneLife (YOL) app (www.yol.one) and hence seek wholehearted support for this initiative to create, calibrate and celebrate happiness through YOL app. Usage of this app is essential by all and it will be treated as your commitment to happiness. I also encourage you to plan happiness fests in your college and share such activities held to the Council. Letter of appreciation shall be extended to those institutions who embark commendable activities in that regard. By prioritizing the emotional and social well-being of our students, we can create a more supportive and nurturing environment that enhances their overall college experience. I look forward to your support and collaboration in implementing these initiatives for the benefit of our students.

Your acknowledgement and revert to the above shall be taken on record as your affirmation to the ensure wellbeing and happiness amongst all stakeholders associated with your good campus.

With Regards

(Prof T G Sitharam)